



Smilefile

For the patients of Drs. Albiero, Templin, Jakusz & Zambon

WINTER 2007

WHAT'S NEW

MOVIE MANIA! IT'S MOVIE TIME!

Mark your calendars the morning of Wed., Dec. 26, 2007 for our **MOVIE DAY!** We are offering a gift of movie passes this Holiday season as a "thank you" for your patronage. The shows will be playing at the Paradise Movie Theater located on Hwy. 45 and Paradise Rd. in West Bend. We are very excited to view some of the films listed below. Not until you come to the office to get your tickets on December 4, 2007 will we confirm the **final five** movies for your viewing pleasure. Updates on what tickets are available will be on our website: www.dentalprofessionals.org. Tickets are offered at a first-come, first-serve basis at our office. For record purposes, tickets will not be held.

1. *Alvin and the Chipmunks* - PG
2. *National Treasure: Book of Secrets* (not yet rated)
3. *The Golden Compass* - PG-13
4. *Water Horse: Legend of the Deep* - PG
5. *Enchanted* - PG
6. *PS - I Love You* (not yet rated)
7. *I am Legend* (not yet rated)
8. *Walk Hard: The Dewey Cox Story* (not yet rated)
9. *Charlie Wilson's War* (not yet rated)

Tickets for the movies can be picked up at Dental Professionals **no earlier than December 4th**. The supply is limited to the size of the theaters, so please do not hesitate to pick up your tickets! We are unable to send tickets in the mail. In the past, this day has also helped several families during the Holidays with your generous donations of non-perishable food items. We ask again for your assistance in gathering food for the Germantown Food Pantry. **Please bring non-perishable food items to Dental Professionals on the day you pick up your tickets** and join in the spirit of the Holiday season. Come share a movie with us, have some fun, and help our area families at the same time...the true meaning of the season!

The Doctors are In!

HOW WELL DO YOU KNOW YOUR DENTIST?

1. Dr. _____ had a pilot's license.
2. Dr. _____ owned a best in class heifer.
3. Dr. _____ has been to the last nine Final Four games of the NCAA men's basketball tournament.
4. Dr. _____ was born in Green Bay - but is still a BEARS fan.
5. Dr. _____ worked at a convent.
6. Dr. _____ has helicopter skied.
7. Dr. _____ threw shot put for Marquette University Track Team.
8. Dr. _____ auditioned to be in a movie with Jack Nicholson.
9. Dr. _____ can play the Bassoon.
10. Dr. _____ was also known as "super sewer man".
11. Dr. _____ rode in the Oscar Mayer Wiener Mobile.
12. Dr. _____ had played the French Horn.

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THINGS OF INTEREST

A Note to Our Patients!

As a result of recently updated guidelines from the Centers for Disease Control (CDC) on Hand Hygiene for Healthcare Providers, you may notice instead of hand washing with soap and water, we have been using Waterless Alcohol Hand Rubs. The CDC encourages healthcare providers to utilize this method of addressing our hands before gloving because it simply kills more micro-organisms than hand washing; and therefore you are better protected.



We Are Looking...

for photographs of patient smiles to feature in future newsletters. If your photo is randomly chosen you will receive a special prize. Send in your photo TODAY and you could be the next SMILE OF THE SEASON!!

HOW WELL DO YOU KNOW YOUR DENTIST? - ANSWERS



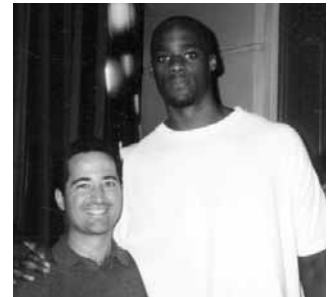
Dr. Albiero on the Wiener Mobile.



Dr. Jakusz throwing shot put.



Dr. Templin on Mt. Chilotinin.



Dr. Zambon and a NCAA basketball player!

Dr. Albiero was not slacking in his earlier career as a plumber and sewer cleaner. His attention to detail earned him the label "super sewer man". After starting his new career as a dentist, he made a comment (asking a mother who already delivered when she was due!!? Ouch!) that won him a ride in the Oscar Meyer Wiener Mobile for a "wiener" moment. Following his experience of riding in the unique Wiener Mobile, Dr. Albiero was seeking a more thrilling form of transportation and obtained a pilot's license and flew for 3 years. He and some friends had owned a plane together and flew periodically over Wisconsin.

Dr. Jakusz started developing her intricate hand skills for dentistry playing the organ and the Bassoon at a young age and throughout high school. Her musical involvement was limited as she challenged herself to train dairy cattle to exhibit at county and state fairs. The strength she obtained by training 1,200 pound cows, helped her as an athlete in multiple sports. Excelling in track and field she continued her athletics at Marquette University where she threw the shot put and hammer. During her three years of undergraduate studies and her first year of dental school she traveled around the country competing in NCAA track meets.

Dr. Templin grew up in Green Bay and discovered his musical abilities are as unique as those of Dr. Jakusz. He grew up playing the French Horn throughout high school and welcomes any challenge to play today. His dental education at the Jesuit institution [Marquette University] led him to take a position at an area convent. He practiced dentistry at the convent for 10 years while working at his own private practice in downtown Milwaukee. His conservative attitude did not go beyond the convent. His wild side is seen as an athlete and outdoorsman. Dr. Templin jumped at the opportunity to ski Mt. Chilotinin British Columbia and was successful.

Dr. Zambon was born in Green Bay as a Packer but at the age of one moved to Chicago and was transformed into a Bears fan. While in Chicago, Dr. Chad took a chance at a role in *The Shining*. He auditioned to be the son of Jack Nicholson – but his acting career ended there and he continued cheering for the Bears. Part of being an avid sports viewer and participant, Dr. Zambon is a college basketball FANATIC. He attends most Marquette, DePaul, and Northwestern games every year. His seat to the Final Four is booked well in advance.

What You NEED TO KNOW About Your Children Getting Braces

What is orthodontics and why do people get braces?

Orthodontics is the dental discipline that is concerned with aligning the teeth and jaws to improve one's smile and oral health. When one is ready to have braces placed, a patient is referred to an orthodontist, who is a specialist in the development, prevention and correction of irregularities of the teeth, bite and jaws, and related facial abnormalities.

When is the right time for braces?

A patient who has minor problems with their bite are best treated orthodontically when all of their baby teeth have exfoliated and their permanent teeth have erupted. Generally, this is around 12 years of age, however, a patient with significant problems (underbites, crossbites, severe overbites or crowding) are best initially treated at an earlier age. Generally, it would be after the 6 year molars and permanent front teeth have erupted, which is usually around 7-8 years of age. Often, these patients need a second phase of orthodontic treatment when they reach around 12 years old.

Are their different types of braces?

Yes. The out-dated type are the bands that cover most of the tooth with metal strips. These are rarely used today. The most common type are the braces that are bonded to the front of the tooth and are far less noticeable. The last option is the "lingual" type where the brackets are bonded to the back of the teeth, hidden from view. The lingual braces are rarely used due to difficult placement and hygiene.

How long will I have to wear braces?

Most patients wear braces for 18-30 months, followed by wearing a retainer for at least 6 months, if not much longer. The more complicated the treatment plan, the longer the braces may have to be worn.

How uncomfortable is wearing braces?

After each orthodontic visit, you should expect slight discomfort for both the teeth and the jaws, but it should only last for a couple days.

What foods will have to be avoided while wearing braces?

Sticky, chewy food like gum and caramel can cause wire damage and bracket displacement. Hard, crunchy foods like nuts and hard candy can cause brackets to break. Chewing on ice can also cause problems. Even healthy foods that are hard, like carrots or apples, should be cut into small pieces when eaten.

Is cleaning your teeth any different with braces?

Yes. Oral hygiene is much more difficult when wearing braces. Food particles and plaque have more areas to get trapped into and are not easily removed. Specially shaped orthodontic toothbrushes help with this task, and fluoride gels are recommended in addition to regular toothpaste. Regular flossing cannot be accomplished while wearing braces, so Superfloss, or floss threaders are needed to clean out any food or plaque where the teeth touch each other.

What about invisalign?

Invisalign is a relatively new orthodontic treatment that consists of wearing a series of clear trays over a number of months to align the teeth, without having to wear braces. Invisalign is only an option for people who are beyond their teenage years and can only be used on certain malocclusions and bite issues. The orthodontist can let you know if you are an invisalign candidate.

SMILE OF THE SEASON

Kiley and Alli

Kiley, 8, is in third grade at Amy Belle School. He enjoys basketball and baseball. He and his sister Alli, 10, love playing outdoors, vacationing in Texas and both have a love for animals. Alli is a fourth grader at Amy Belle and enjoys soccer.



Congratulations Kiley and Alli for being chosen for this season's smile... stop in and pick up your prize.

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Monday 8:00-6:00
Tuesday 8:00-5:00
Wednesday 8:00-6:00
Thursday 7:00-4:30
Friday 7:00-1:00

SUPERSTAFF

Check out our staff's favorite recipes, jokes, cartoons, etc.



Introducing Julie Heidtke:

I'm Julie and I've been a dental assistant with Dental Professionals since 2002. I left the office for a short time to stay at home with my two children; Kaylee, who is now 4 and Quinton, who is now 2. I returned as an assistant in 2006, working on Wednesdays. My husband and I have been married for six years and we live in Jackson. I keep very busy with the kids and somehow manage to have time to have two other part-time jobs besides working at Dental Professionals. I love having the constant variety and I feel that always being on the go keeps me young! I enjoy camping with my family, bowling, and relaxing by our pool in the summer! It has been great to be back at Dental Professionals working with such a wonderful group of people. I look forward to my "adult time" every Wednesday!

From Julie's Kitchen:

CHOCOLATE CRINKLES

(Julie's favorite Christmas cookie)

1/2 cup vegetable oil	2 cups sugar
2 cups all purpose flour	4 eggs
1/2 tsp salt	2 tsp vanilla
2 tsp baking powder	
1 cup confectioners sugar	
4 sq. unsweetened chocolate (4oz. melted)	

Mix oil, chocolate and sugar. Blend in one egg at a time until mixed well. Add vanilla. Measure flour by dipping method or sifting. Stir flour, baking powder and salt into oil mixture. Chill several hours or overnight.

Heat oven to 350°. Drop spoonfuls of dough into confectioners sugar. Roll in sugar, shape into balls. Place 2" apart on a greased baking sheet. Bake 10-12 mins or until almost no imprint remains when touched lightly in center.

Makes 6 dozen